

Apex EMS Education

Frequently Asked Questions (FAQ)

What is a BLS Instructor-Led class?

A **BLS (Basic Life Support)** Instructor-Led class is an in-person training course taught by an authorized instructor. It includes hands-on skills practice, real-time feedback, and testing in accordance with American Heart Association (AHA) guidelines.

What courses do you offer?

We offer BLS, CPR, and First Aid courses designed for healthcare professionals, workplaces, and individuals. Our programs include initial certifications, recertifications, and renewals to meet professional, workplace, and personal safety requirements.

What topics are covered in the BLS class?

The course includes:

- High-quality CPR for adults, children, and infants
 - AED use
 - Basic Airway Management
 - High-Performing Team-Based Resuscitation
 - Choking relief
 - Additional life-threatening emergencies
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Do your courses offer initial certification or renewal?

The class can be used for both initial certification and renewal, unless otherwise specified. If you're unsure which you need, contact us before registering.

Who are these courses for?

Our courses are suitable for:

- Healthcare professionals (nurses, medical assistants, EMTs, dental staff, home health aides)
 - Business and administrative teams
 - Teachers, coaches, and school staff
 - Childcare providers and early education professionals
 - Parents, caregivers, and babysitters
 - The general public seeking life-saving skills
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Are your certifications accepted?

Yes. Our certifications meet widely recognized industry and OSHA workplace standards and are accepted by hospitals, clinics, schools, childcare facilities, and employers nationwide. Always check with your employer or regulatory body for specific requirements.

Is this course AHA certified?

Yes. Upon successful completion, students receive an **American Heart Association (AHA)**, **American Red Cross**, or **American Health and Safety Institute**, **BLS Provider eCard**, valid for **2 years**.

Which organization issues the certification?

Our BLS courses follow American Heart Association (AHA) guidelines. CPR & First Aid courses meet nationally recognized standards and employer requirements.

What is the difference between certification, recertification, and renewal?

- **Certification** is for first-time students.
 - **Renewal** is for those renewing an existing certification before or after expiration, depending on eligibility.
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Do courses include hands-on skills practice?

Absolutely. Our hands-on skills practice and testing ensure students can confidently perform CPR, AED use, choking relief, and First Aid techniques in real-life scenarios.

What if I don't pass the skills or written test?

Our instructors provide coaching and remediation as needed. Retesting options are available according to AHA guidelines.

Are instructor-led classes available?

Yes. We offer instructor-led classes led by experienced, certified instructors who provide real-time feedback, demonstrations, and skill evaluations.

What is the difference between Instructor-Led and Online BLS courses?

- **Instructor-Led:** In-person, hands-on training with an instructor (often required by hospitals and employers).
- **Online/Blended:** Part online, part in-person skills session.

Many employers **require Instructor-Led training**, so always check your workplace requirements.

Do you offer virtual or online courses?

Yes. We offer virtual and blended learning options, especially for healthcare workers and busy professionals. These courses combine online learning with required in-person or skills check components when applicable.

Can you provide on-site training for workplaces or organizations?

Yes. We offer on-site group training for businesses, schools, childcare centers, healthcare facilities, and community organizations. This option is ideal for teams that want convenient, efficient training at their location. We offer group discounts and on-site training for hospitals, clinics, schools, and businesses. Contact us for a custom quote.

How long do the courses take?

Course length varies by program and format:

- CPR or First Aid: typically 2–4 hours
- BLS: typically 3–5 hours

Blended or virtual formats may reduce in-person time. Class length may vary based on the format of the course, the specific level of certification, and class lengths and times are posted with open variability.

How long is certification valid?

Most certifications are valid for two years, though requirements may vary by employer or profession.

Will I receive a certification card?

Yes. Upon successful completion, students receive a digital certification card the next day or within 48 business hours, depending on the course format.

Do I need prior experience to take a course?

No prior experience is required. Our courses are designed for both beginners and experienced professionals seeking recertification or renewal.

What should I bring to class?

- Valid Photo ID
- Comfortable clothing suitable for hands-on practice, as you will be practicing on the floor.
- All training equipment and materials are provided, unless otherwise noted.

- Any required pre-course materials (if applicable)
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How do I register?

You can register online through our website or contact us to schedule group or on-site training. Flexible scheduling options are available.

What is your cancellation or rescheduling policy?

Cancellation and rescheduling policies vary by class. Please review the policy listed during registration or contact us directly for details.

Why should I choose your training programs?

- Hands-on, skills-based learning
 - Experienced, certified instructors
 - Flexible scheduling and course formats
 - Training for individuals, workplaces, and healthcare professionals
 - Trusted certifications accepted by employers
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*****The American Heart Association strongly promotes knowledge and proficiency in BLS, ACLS, and PALS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association, and any fees charged for such a course do not represent income to the Association.*****